

A side-profile photograph of a pregnant woman with long brown hair, wearing a sleeveless peach-colored dress with a lace and floral applique bodice. She is gently holding her large, rounded belly with both hands. The background is a bright, out-of-focus window with white vertical blinds. A dark grey rectangular box is overlaid on the lower left side of the image, containing white text.

THE BEAUTY OF YOUR MATERNITY JOURNEY: A GUIDE TO STUNNING MATERNITY PICS



Welcome to the Journey!

Pregnancy is a time of joy, anticipation, and beautiful transformation. At Richmond VA Photos & Video, we know how special this moment is, and our goal is to help you capture it in timeless, breathtaking images that you and your family will cherish forever.

1. Timing Your Session for the Best Results

For most moms-to-be, the best time to schedule a maternity photo session is between 28-36 weeks. At this stage, your baby bump is beautifully rounded but you'll still feel comfortable enough to move around with ease.

2. How to Prepare for Your Session

- **Clothing Tips:** We recommend flowing or fitted gowns that highlight your belly. Neutral tones like beige, white, or soft pastels add a timeless feel, while bold colors can make a statement.
- **Makeup and Hair:** A light, natural makeup look often works best to enhance that natural glow. Go for simple hairstyles that allow movement or add a touch of elegance if you wish.

3. Personal Touches

Bring items that hold special meaning—baby shoes, ultrasound photos, or family heirlooms add a personal touch to your images.



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PHOTOS
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A woman with long dark hair is shown from the chest down, holding a large bouquet of white and orange daisies. She is wearing a light pink, short-sleeved, ribbed top and light blue jeans. The background is a solid light beige color.

4. Including Your Partner or Family

This is an exciting time for the whole family. Including your partner or older children in the photos can add warmth and highlight the joy shared with loved ones.

5. Choosing a Location

Consider settings that hold personal significance or offer the backdrop you envision. We can help you select the perfect spot, whether you prefer a studio setup or an outdoor scene.

Let's Make It Memorable!

If you're ready to capture this precious moment, we're here to guide you every step of the way. Reach out to us with any questions or to schedule your session today!

Contact Us

Richmond VA Photos & Video

11 S. 12th St., Ste 300D

Richmond, VA 23219

Phone: 804-404-5670

Email: richmondvaphotos@gmail.com

